Request a Visit





(M) intake@mnmentalhealth.com

Psychiatry & **Medication Support**

Expert, local care for medication consultation & management from children through adults

of U.S. adults with a mental Around illness have 1 In 5 not individuals use medication to treat received their mental illness treatment

How can we support you?



Spectrum Care

Comprehensive psychiatric evaluation, medication management, and psychotherapy for clients of all ages



Pediatric & Adolescent Expertise

Specialized care for pediatric ASD, ADHD, learning disabilities, and complex developmental or behavioral conditions



Adult & **Complex Mental** Health

Evidence-based treatment for depression, anxiety, bipolar disorder, schizophrenia, PTSD, and OCD



Traumainformed & **Holistic Care**

Integrated care using biopsychosocial and trauma-informed models, emphasizing collaboration and individualized plans



Clinical Leadership & Coordination

Led by board-certified psychiatrists and psychiatric nurse practitioners, our team ensures coordinated, high-quality care across disciplines

Why choose MMHC for your psychiatric care?

Holistic Care

A thorough evaluation prior to any treatment of your whole person: mental, physiological and medical.

Multi-serviced

A evidenced-based opinion on your best course of treatment, be that Psychiatry or another MMHC service

Coordinated

Clinical coordination with any other MMHC service that may support your overall care goals

Supportive

Follow-up support to ensure your mental & physical health during medication management



We're here to help you get started.

