








April

2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:00 Groceries 12:00 All Member meeting 1:45 Healthy Minds Group	2 1:45 Humor Group	3 11:30 Healing Foods and Nutrition Egg Salad Sandwiches 	4 1:45 Climate Change Group	5 12:00 Exercise Group 	
	8 12:00 Library 1:45 Healthy Minds Group	9 12:00 Tie-dyeing <i>*sign-up required</i> 1:45 Men's and Women's Group	10 11:30 Healing Foods and Nutrition Baked Ziti 	11 12:00 Exercise Group	12 12:00 Music Group 	
	15 11:00 Groceries 1:45 Healthy Minds Group	16 1:45 Humor Group	17 12:30 Grand Opening Celebration! 	18 11:30 Friendship Club 1:45 Climate Change Group	19 12:00 Exercise Group 	
	22 12:00 Library 1:45 Healthy Minds Group	23 12:00 Diamond Art <i>*sign-up required</i> 1:45 Men's and Women's Group	24 11:30 Healing Foods and Nutrition Beef Roast 	25 11:30 Use your points and Birthday celebration	26 12:00 Music Group	
	29 11:00 Groceries 1:45 Healthy Minds Group	30 1:45 Humor Group				