



Expert, Local Psychiatry & Medication Support

Personalized medication care designed around your whole health.

Our psychiatric providers bring deep clinical expertise together with **personalized treatment planning**. Working collaboratively with your therapist, they ensure coordinated, whole-person care by integrating **medication management and psychotherapy** into your visit.

We offer **comprehensive psychiatric evaluations, evidence-based treatment planning, and ongoing, coordinated support to promote wellness at every stage of life.**

How We Support You

- Evaluations and medication care for all ages
- Evidence-based treatment for common and complex conditions
- Trauma-informed, whole-person approach

Why Choose MMHC Psychiatry

- Thorough evaluations **with same week availability**
- **Direct collaboration** with your therapist
- Coordinated care and ongoing follow-up

Psychiatry & Medication Support from MMHC:



Services

Psychiatric evaluation, medication management, and therapy support delivered by board-certified psychiatrists and psychiatric nurse practitioners.



Format

Flexible care options including in-person and telehealth visits, coordinated with your full care team when applicable.



Insurance Accepted

Including Medicare, Medicaid, and most commercial insurers such as Aetna, HealthPartners, Cigna, UHG, BCBS, and more.



Ready to Get Started?



 651-615-2641

 contactus@mnmentalhealth.com

 mnmentalhealth.com/psychiatry